

**Smoking Patterns: Current and Former Smokers****(M-NRQ)**

If you are a *current* smoker, please answer the following questions based on your usual smoking patterns. If you are a *former* smoker, please answer the following questions for the period when you smoked cigarettes. Please circle the number that best describes your experiences with cigarettes.

1. I crave a cigarette to provide pleasure.	1 Never	2 Sometimes	3 Often	4 Always
2. I crave a cigarette to provide relief from withdrawal.	1 Never	2 Sometimes	3 Often	4 Always
3. I like the taste of cigarettes.	1 Never	2 Sometimes	3 Often	4 Always
4. I smoke because it is pleasurable.	1 Never	2 Sometimes	3 Often	4 Always
5. At times when I have been unable to smoke due to restrictions on smoking or because I was trying to quit, I experienced trouble falling asleep to the following extent:	1 Never	2 Sometimes	3 Often	4 Always
6. At times when I have been unable to smoke due to restrictions on smoking or because I was trying to quit, I experienced anxiety to the following extent:	1 Never	2 Sometimes	3 Often	4 Always
7. I smoke because smoking feels good.	1 Never	2 Sometimes	3 Often	4 Always
8. At times when I have been unable to smoke due to restrictions on smoking or because I was trying to quit, I experienced depressed mood to the following extent:	1 Never	2 Sometimes	3 Often	4 Always
9. At times when I have been unable to smoke due to restrictions on smoking or because I was trying to quit, I experienced irritability, frustration, and/or anger to the following extent:	1 Never	2 Sometimes	3 Often	4 Always
10. I smoke to get a sense of euphoria or pleasure.	1 Never	2 Sometimes	3 Often	4 Always
11. At times when I have been unable to smoke due to restrictions on smoking or because I was trying to quit, I experienced difficulty concentrating to the following extent:	1 Never	2 Sometimes	3 Often	4 Always
12. At times when I have been unable to smoke due to restrictions on smoking or because I was trying to quit, I experienced increased appetite and/or weight gain to the following extent:	1 Never	2 Sometimes	3 Often	4 Always
13. At times when I have been unable to smoke due to restrictions on smoking or because I was trying to quit, I experienced restlessness to the following extent:	1 Never	2 Sometimes	3 Often	4 Always